



Is your destination a hot-spot?

India, Asia, Africa and South America are becoming hot destinations for travel. Cuba and Mexico have been popular with Canadians for years. You may not have considered getting vaccinations for these destinations, but they are advised by both PHAC and CDC. This quick reference table shows you the vaccines you and your doctor should discuss, but be sure to visit PHAC and CDC websites for the most up-to-date information at your time of travel.

	India	Thailand and Vietnam	China	Africa	South America	Cuba	Mexico
All travellers							
Routine vaccinations	✓	✓	✓	✓	✓	✓	✓
Especially	<ul style="list-style-type: none"> • Influenza • Measles • Polio 	<ul style="list-style-type: none"> • Diphtheria • Influenza • Measles • Polio • Tetanus 	<ul style="list-style-type: none"> • Influenza • Measles • Polio 	<ul style="list-style-type: none"> • Diphtheria • Influenza • Measles • Polio • Tetanus 	<ul style="list-style-type: none"> • Diphtheria • Influenza • Measles • Polio • Tetanus 	<ul style="list-style-type: none"> • Influenza • Measles 	<ul style="list-style-type: none"> • Influenza • Measles • Polio
Talk to your doctor about	<ul style="list-style-type: none"> • Avian influenza • Chinkungunya • Dengue fever • Malaria 	<ul style="list-style-type: none"> • Avian influenza • Chinkungunya • Dengue fever • Schistosomiasis 	<ul style="list-style-type: none"> • Avian influenza • Chinkungunya • Dengue fever • Malaria • Schistosomiasis 	<ul style="list-style-type: none"> • Ebola • Malaria • MERS-CoV (Middle East Respiratory Syndrome Coronavirus) • Schistosomiasis 	<ul style="list-style-type: none"> • Dengue fever • Malaria • Schistosomiasis 	<ul style="list-style-type: none"> • Cholera • Dengue fever 	<ul style="list-style-type: none"> • Cholera • Chinkungunya • Dengue fever
Most travellers							
Hepatitis A	✓	✓	✓	✓	✓	✓	✓
Typhoid	✓	✓	✓	✓	✓	✓	✓
Some travellers (depending on age, health, destination and activities)							
Hepatitis B	✓	✓	✓	✓	✓	✓	✓
Japanese encephalitis	✓	✓	✓				
Meningitis				✓			
Rabies	✓	✓	✓	✓	✓		✓
Tick-borne encephalitis			✓				
Yellow fever				✓	✓		

*Chart based on information from World Health Organization, Canada's Public Health Agency (PHAC) and the U.S. Centers for Disease Control and Prevention (CDC).